



### **Junior and Scout hike Menu:**

Junior and Scouts purchases themselves food for the hike in the supermarket, and bring that for their own patrol.

**Pr. Pers: (Remember to time up with the number of patrol members).**

150 g Pasta

½ ds Tuna in oil

2 Carrots

1 tbsp. garlic Pure

1/3 of a packet Philadelphia cream cheese

Salt and pepper

1 baguette per. Pers

#### **Recipe:**

- The pasta is boiled by the package instructions.
- The carrots cut into slices.
- The oil from the tuna poured into an pan and carrots fry in the oil.
- The tuna poured into the pot along with the carrots.
- Garlic puree is poured into the pot along with tuna and carrots.
- Take the pan off the fire and turn the cheese herein.
- Mix the pasta with tuna, carrots and cheese.

**Bon appetit 😊**